

## Navigating the Maze of Diabetes

Registration Form

Registration deadline: October 1, 2010

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Credentials: \_\_\_\_\_

Organization: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

### Registration Fee:

\$100

Add \$10 late fee if mailed after registration deadline

### Current MLMH Employee Fee\*:

\$25

Add \$10 late fee if mailed after registration deadline

**\*This fee applies to current, active, MLMH compensated employees only.**

Conference fee includes program, learning materials, continuing education credit, lunch and refreshments.

Please complete this form, enclose check made payable to Mary Lanning Memorial Hospital and send to:

**Mary Lanning Memorial Hospital**  
Lisa Dirks - Department of Education  
715 North St. Joseph Avenue  
Hastings, NE 68901

For more information or to pay by credit card,  
please call 402-461-5020

For online registration, please access our website at  
<http://www.mlmh.org>

Mary Lanning  
Memorial Hospital

*presents*

## Navigating the Maze of Diabetes

*featuring*

**Christine Kessler  
MN, CNS, ANP,  
BC-ADM**

**Friday, October 15, 2010**

8:30 a.m. to 4:30 p.m.

Hastings Convention Center  
2205 Osborne Drive East  
Hastings, Nebraska

## Conference Objectives

- Name at least 13 forms of diabetes mellitus and their potential causes.
- Describe the progression and presentation of various Type 1 and Type 2 diabetes
- Discuss new findings related to diabetes comorbidities.
- Review the seven classes of hypoglycemic agents and how to integrate their use.
- Discuss current glycemic goals and controversies.
- Discuss the physiology of incretins and their use in diabetes and obesity.
- Compare and contrast various forms of basal and bolus insulin.
- Discuss how to safely deliver insulin in outpatient and hospital settings.
- Discuss new insulin delivery systems.
- Describe effective use of intermittent and continuous glucose monitoring.
- Discuss motivational strategies for the non-adherent patient.
- Review complex diabetes case studies and plan intervention strategies.

## General Information

- Emergency telephone: (402) 463-6721
- The conference is located at the Quality Hotel and Convention Center, 2205 Osborne Drive East (adjacent to the Quality Hotel).
- Registrations are considered confirmed upon receipt of registration and payment. Seating is limited to 120 participants.
- Cancellations accepted through **October 1, 2010**, less \$15 processing fee. There will be no refunds after this date. Substitutions are accepted.
- Participants should dress in layers to accommodate fluctuating temperatures.
- Neither audio nor video tape recording is permitted.
- If auxiliary aids or services identified in the Americans with Disabilities Act are needed, please call 402-461-5020 by **October 1, 2010**.

## Conference Agenda

8:00 am	Registration Continental Breakfast
8:30	When Sweet Goes Sour: A New Look at an Old Disease
10:00	Refreshment Break
10:15	What's New in the Diabetes Drug Wars
12:00 pm	Lunch (served in the adjoining Courtyard)
1:00	Sharp Shooting: Managing Insulin Like A Pro
2:30	Refreshment Break
2:45	Putting It All Together
4:15	Evaluation
4:30	Adjournment

**Attendance at the entire activity is required in order to receive a certificate for continuing education hours.**

## Conference Presenter

**Christine Kessler, MN, CNS, ANP, BC-ADM.** is an award-winning nurse practitioner, providing advanced diabetes medical management within the Department of Endocrinology of a large teaching hospital in Washington, D.C. During her 34 years of nursing practice, she has worked predominantly within the field of Critical Care and held diverse roles in management, research, academia, as a clinical specialist and nurse practitioner. Ms. Kessler is an international speaker and prolific author addressing a wide range of topics in diabetes, general endocrinology, chronobiology, hematology, obesity, nutrigenomics and complementary therapies. She even works as an occasional stand-up comedian.

## Continuing Education

**6.5** contact hours awarded. #NE08-11H04.

Mary Lanning Memorial Hospital is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Other healthcare providers are responsible for determining that the educational hours awarded will be accepted by their licensing or certifying body. Program length is **375** minutes.

**PLEASE NOTE:** The awarding of continuing education hours to this activity does not imply Mary Lanning Memorial Hospital, Nebraska Nurses Association or ANCC Commission on Accreditation approval or endorsement of any commercial products that may occur in conjunction with this education activity.