

HADE Diabetes Update, 2010

Friday, March 19, 2010

**HOLIDAY INN HOTEL & CONVENTION CENTER
Kearney, Nebraska**

Target audience: Health care professionals working with individuals with diabetes

Purpose: To provide current evidenced based guidelines for management of diabetes along with application of these guidelines to your areas of clinical practice

Sponsored by:

- Heartland Association of Diabetes Educators
- Diabetes Prevention & Control Program, Nebraska Health & Human Services System

Program Agenda

Morning Moderator: Linda Bahe, RN, CDE

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| 7:00-7:45am | Registration/Exhibits/Continental Breakfast |
| 7:45 am | Welcome-HADE President, Sandi Nimmo RN, BSN,CDE |
| 8:00-9:00 am | Medical Nutrition Therapy and Diabetes: Is just Carbohydrate Counting,

Maxine McElligott RD, CDE, LMNT |
| 9:00-9:45 am | Diabetes Treatment Options: Basal/bolus Insulin

Victor Adalbert G. deVilla, MD |
| 9:45-10:15 am | Break/Exhibits |
| 10:15-11:15 am | Diabetes Mellitus Treatment Options: Oral agents

Victor Adalbert G. deVilla, MD |
| 11:15-12:00 am | Case Studies: Applying Treatment Strategies

Maxine McElligott RD, CDE, LMNT

Victor Adalbert G. devilla, MD |
| 12:00-1:15 am | Lunch, HADE Information Meeting, Exhibits |

Afternoon Moderator: Maxine McElligott RD, CDE, LMNT

1:15-2:30	Endocrine Disorders Associated with Diabetes Lynn Mack-Shipman MD
2:30-3:30	Current practices in use of Continuous Glucose Monitoring Systems Michelle Brtek-Zwiener MSN, CDE
3:30	Closing remarks Evaluations

Certificates will be distributed at end of program

Faculty and Individual Program Objectives

Victor Adalbert G. de Villa, MD

Diabetes, Endocrinology and Metabolism

North Platte Nebraska Physicians Group

Great Plains Regional Medical Center

North Platte, NE

Objectives:

At the end of the presentation, the participant should:

1. Know the different classes of oral agents available for the treatment of diabetes mellitus and their mechanisms of act
2. Know the other non-insulin injectable medications used in the treatment of diabetes and their mechanisms of action
3. Be familiar with the different types of insulin available and their pharmacokinetics

4. Know the different regimens used in the administration of insulin, with emphasis on basal-bolus dosing
5. Have an understanding of some simple treatment strategies combining medications to help achieve better diabetes control

Lynn Mack-Shipman MD

Objectives:

At the end of the presentation participants will:

1. Understand how autoimmunity impacts risk for endocrine conditions in Type 1 diabetes
2. Understand how insulin resistance causes endocrine problems in Type 2 diabetes
3. Be able to list the autoimmune endocrine conditions seen with Type 1 diabetes:
 - a. Hypothyroidism & hyperthyroidism
 - b. Premature menopause
 - c. Adrenal insufficiency
 - d. Celiac sprue (risk for osteoporosis)
4. Be familiar with factors impacting bone health in Type 1 diabetes
5. Be familiar with endocrine disorders that occur from insulin resistance in Type 2 diabetes
 - a. Polycystic ovarian syndrome
 - b. Metabolic syndrome
 - c. Delayed menopause
 - d. Osteoporosis?

Maxine McElligott MA, RD, LMNT, CDE

Coordinator, Inpatient Diabetes Education

The Nebraska Medical Center ,Omaha, NE

Objectives:

At the end of the presentation participants will:

1. Be able to define nutrition recommendation and interventions for diabetes management as defined by the American Diabetes Association and American Dietetic Association
2. Be able to apply medical nutrition therapy guidelines to the patients in a variety of settings

Michelle Brtek-Zwiener MSN, CDE

Diabetes and Wellness Clinic LLC, Owner/Provider

Norfolk, Nebraska

Objectives:

At the end of the presentation participants will

1. Be familiar with the current evidence based practice concerning continuous glucose monitoring
2. Through use of case study presentation be able to apply the use of continuous glucose monitoring to various practice settings

Registration and Workshop Information

Registration must be postmarked by Wednesday, March 10, 2010

Name _____

Title/Position _____

Address _____

City _____

State _____ Zip code _____

Daytime phone _____

Email _____

(Providing email will allow us to contact you with upcoming programs)

Registration Fee: Includes all handouts, lunch and breaks

\$55.00 HADE members

\$75.00 Non-HADE members

\$30.00 Students (provide proof of student status)

No Refunds after Friday, March 12, 2010

Must enclose fee with your registration. Checks payable to HADE

Mail to: HADE Workshop

C/O Linda Bahe, RN, CDE

GPRMC-Diabetes Education

PO Box 1167

601 West Leota Street

North Platte, NE 69103

Cancellation Policy: Refund of the conference fee will be limited to individuals providing notice by March 12, 2010. Weather conditions will not be a reason for cancellation or refunds

Continuing Education Credits

Contact hours have been applied for through The American Association of Diabetes Educators (AADE). AADE is accredited as an approver of continuing education in nursing by the American Nurses Credential Center.

CPEU's have been applied for RD and DTR from Commission on Dietetic Registration and LMNT hours from the State of Nebraska

Participants must arrive on time and stay for the entire offering to receive credits. No partial credit can be awarded

Lodging Information

Holiday Inn Hotel & Convention Center

110 2nd Avenue

Kearney, NE 68845

308-237-5971

A block of rooms has been reserved for workshop participants for 79.95 /night.

Block of rooms will be available until February 18th. After that date rooms for

reserved rate are subject to availability. Must mention HADE meeting

when making reservation. Call the hotel directly for reservations.

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