

# 24th Annual Current Trends in the Management of Diabetes

Friday September 10, 2010

7:45 am – 4:15 pm

Swanson Education Conference Center

Alegent Health Lakeside Hospital

16901 Lakeside Hills Court

Omaha, Nebraska 68130

**Purpose:** Update the healthcare professional in the current management of the diabetes patient.

**Target Audience:** Nurses, Dietitians, and Social Workers

## Objectives:

1. Explain the current sequencing for prescribing medications in type 2 Diabetes.
2. Define clinical presentation, diagnosis and treatment of hypothyroidism, hyperthyroidism, osteoporosis and polycystic ovarian syndrome.
3. Identify at least 3 strategies for dietary management of celiac disease and type 1 Diabetes.
4. Identify generational communication and learning preferences, work ethics, core values and how this applies to those receiving health care services.
5. Discuss key components of a discharge plan to facilitate transition of care.
6. Describe the renal pathophysiology, assessment and treatment of chronic kidney disease.

## Continuing Education:

7.2 contact hours will be awarded by the Iowa Board of Nursing #76, Alegent Health.

6.0 contact hours awarded.

Alegent Health is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's (ANCC) Commission on accreditation.

This program meets the criteria for 6.0 hours of continuing education for Nebraska and Iowa social workers. Application has been made to the Medical Nutrition Boards of Nebraska and CDR.

This program meets the criteria for 6.0 hours of continuing education hours from the Iowa Dietetic Association.

**Registration:** Please see attached registration form.

Bergan Mercy • Immanuel • Lakeside • Mercy/Council Bluffs  
Midlands/Papillion • Community Memorial/Missouri Valley  
Memorial/Schuyler • Mercy/Corning • Alegent Health Clinic/44 Locations  
For information call 1-800-ALEGENT or online at Alegent.com.

 **Alegent Health**

This is your healthcare

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#### 7:45 am - 4:15 pm

7:45-8:20 a.m.	Registration / Continental Breakfast / Visit Exhibits
8:20-8:30 a.m.	Welcome Jennifer Collins, RN, BSN, CDE
8:30-9:30 a.m.	<b>Customizing Medication Treatment for Diabetes</b> <b>Marcia Draheim, RN, CDE</b> <b>Keynote:</b> National & International Speaker
9:30-9:45 a.m.	Break and Exhibits
9:45-10:45 a.m.	<b>Other Endocrinopathies</b> <b>Marium Ilahi, MD, Endocrinologist</b>
10:45-11:00 a.m.	Break and Exhibits
11:00-12:00 p.m.	<b>Connecting Celiac Disease with type 1 Diabetes</b> <b>Jean Guest PhD, RD, LMNT, Celiac Certified</b>
12:00-12:45 p.m.	Lunch and Exhibits
12:45-1:45 p.m.	<b>Technology and the Generational Gap</b> <b>Marcia Draheim, RN, CDE</b>
1:45-2:45 p.m.	<b>Transition of Care from Hospital to Home</b> <b>Jason Enders, PharmD, BCPS</b>
2:45-3:00 p.m.	Stretch Break and No Vendors
3:00-4:00 p.m.	<b>Diabetes and Renal Disease</b> <b>Pat Garrigan RN, BSN, CNN</b>
4:00-4:15 p.m.	Evaluation

**Conflict of Interest:** Current guidelines state that participants in educational activities should be made aware of any affiliation or financial interest that may affect the speaker's presentation(s). Each speaker has been asked to complete a conflict of interest statement and will be shown in the conference syllabus.

**Cancellation/Refunds:** If you register and cannot attend, please notify the Education Department at 402-343-4634 by August 27<sup>th</sup>, 2010. Every effort will be made to present this program as shown on this form.

**Special Needs:** Alegent Health is committed to equal access for people who have physical or dietary needs. If you have special needs, please notify us at least five working days before the program at 343-4634. Dress for variable room temperatures.

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Alegent Health is a faith-based health ministry sponsored by Catholic Health Initiatives and Immanuel Health Systems.



## REGISTRATION FORM

**Registration: Pre-registration is required. Seating is limited. Register by August 27<sup>th</sup>, 2010. The fee for this program is \$80 for Non-Alegent Health participants, \$35 for Alegent Health staff.** The fee includes continuing education hours, program materials, meals and breaks. This conference is of no profit to Alegent Health. Registrations are done in the order received, on a first come first serve basis.

**Complete this form and send to:**

**Kim Kavan – Alegent Health Clinical Education**  
**Attn: 24th Annual Current Trends in the Management of Diabetes**  
**The McAuley Center**  
**12809 West Dodge Road**  
**Omaha, NE 68154**

**Registration Fee: Alegent \$35 Non-Alegent \$80**

**Please print:**

\_\_\_\_\_  
**Name** Alegent Health ID#

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City** **State** **Zip**

\_\_\_\_\_  
**Home Phone** **Work Phone**

\_\_\_\_\_  
**Email Address for confirmation** and information for future programs

**Please select payment option:**

- I have enclosed a check for \$ \_\_\_\_\_ made payable to Alegent Health Education.  
 Manager approved. Cost Code Center # \_\_\_\_\_

**CREDIT CARD - Credit card registrations ONLY may be faxed to 402-717-1965 or mailed to the address above. Please charge \$ \_\_\_\_\_ to my:**

- VISA  Mastercard  Discover

**Card Number** \_\_\_\_\_ **Exp. Date** \_\_\_\_\_

**Name as it appears on Card** \_\_\_\_\_

**Signature** \_\_\_\_\_